



Mosby's PDQ for Massage Therapists, 2e

By Mosby

Mosby, 2008. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Anatomy 1. Systems and Organs 2. Functions of ANS 3. Joint Movements 4. ROM 5. Muscles Safety and Precautions 6. Standard Precautions 7. Endangerment Sites Massage Application 8. Licensing, Certification, Scope of Practice 9. Benefits of Therapeutic Massage 10. Body Mechanics 11. Draping Suggestions 12. Outcome Massage Sequence 13. Quality of Touch 14. Adapting During Massage Based on Safety and Outcomes 15. Hydrotherapy 16. Lymphatic Drain and Blood Circulation 17. Common Trigger Points 18. Connective Tissue 19. Chakra, Color, Music Therapy 20. Meridians 21. Reflexology 22. Stages of Soft Tissue Healing 23. Development of Treatment Plan 24. Abdominal Massage Documentation 25. Taking a Health History 26. Treatment Plan Form 27. SOAP Notes 28. Common Abbreviations 29. Common Word Roots 30. Common Prefixes 31. Common Suffixes Assessment, Pain, and Pathology 32. Palpation Assessment 33. Posture Assessment 34. Muscle Testing Assessment 35. Joint vs Soft Tissue Assessment 36. Referred Pain 37. Pain Assessment Factors 38. Pain Rating Scales 39. Assessment Scale for Pitting Edema to Determine Appropriateness for Lymphatic Drain 40. Characteristics of Headaches 41. Diseases and Indications/Contraindications for Massage 42. Disorders Related to Chronic Inflammation...



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-- **Dr. Sarai Fisher DDS**