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### C ING IS BELIEVING (PAPERBACK)



C Ing Is Believing, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Dr Andy Yates explores how beliefs that affect our lives are formed, can be inappropriate and unwanted, and can be identified and changed by internal and external intervention. He presents the mnemonic C ing Is Believing, as a process towards this change that is very accessible to both self-healers and therapists. C ING IS BELIEVING Capture your beliefs and limiting...

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- Authored by Dr Andy Yates
- Released at 2011



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