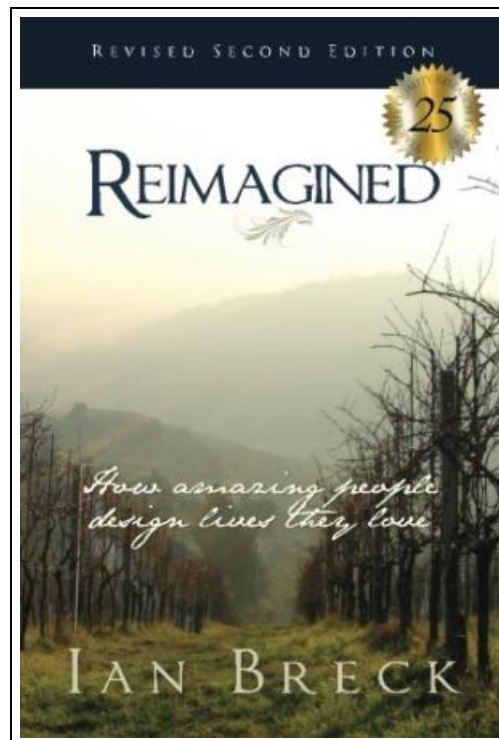


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REIMAGINED: HOW AMAZING PEOPLE DESIGN LIVES THEY LOVE (AND WHAT THEY CAN TEACH YOU)

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River Bend Research. Paperback. Condition: New. 282 pages. Dimensions: 8.9in. x 6.0in. x 0.9in. BOOK REVIEW FROM RED SQUARE REVIEWS. . . Red Square Reviewers Choice 2012 A new generation is rediscovering the true value and critical importance of a life well lived. Regardless of the motivation, imagining a life lived differently is something each of us does throughout our lives. However, its our ability to transform those dreams into reality that distinguishes amazing lives from something less according to researcher and life design expert Ian Breck. As it turns out, humans are much better at dreaming about better lives than actually designing and creating them. Perhaps this is why fewer than 3 of all people report experiencing lives they love. Reimagined, How amazing people design lives they love by Ian Breck, is an interactive book that sheds fascinating new light on how we imagine, design, and create our lives naturally - and how the simplest understandings about life and living well profoundly influence the lives we imagine and experience. Based on more than two-and-a-half decades of research in life quality and life design, Breck introduces the idea that virtually all remarkable lives begin rather humbly with curiosity, passion, and a sincere desire to experience something more from lifes experience. From these beginnings, concepts surrounding how we influence lifes experience through behaviors, decisions, problem solving, and creativity are explored. Breck then introduces attention-grabbing observations about those who live truly exceptional lives to complete a practical life design framework anyone can use. Breck demonstrates clearly its never too late to reimagine your life - then shows you how its done. While Reimagined provides a fascinating exploration of life design, it isnt the typical self-help tome weve come to expect from this genre. Its more of an enjoyable-read-slash-workbook-slash-course-guilty pleasure wrapped neatly in one package...

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